



## **Why are adults with ADHD more likely to develop anxiety disorders? An investigation of risk factors, measurement techniques, and impact on neuropsychological functioning.**

My name is Katie Grogan and I am currently conducting a postgraduate research project in the School of Psychology, UCD, under the supervision of Dr. Jessica Bramham, a chartered clinical neuropsychologist and senior lecturer in clinical neuropsychology at UCD. We are seeking adult participants who have a diagnosis of ADHD, ADHD+anxiety or anxiety to take part in this research. Participants with none of the above disorders are welcome to participate as control participants.

Our research focuses specifically on measurement techniques used to assess anxiety in the context of ADHD. The aim of this study is to differentiate ADHD and anxiety symptoms that may be overlapping from those that are unique to each disorder. The objective is to develop an improved measure of anxiety in the context of ADHD.

Participants will be required to answer an online questionnaire which asks questions about your background and levels of both ADHD and anxiety symptoms. This will take about 15-20 minutes. Participation has no direct benefits but it will help to gain information on the under-researched area of adult ADHD and comorbid anxiety. To take part in the study, please enter the online link below or contact me via email. A detailed information sheet will then be provided to you.

**Online link:** [http://ucdpsychology.qualtrics.com/SE/?SID=SV\\_3snjyj6dCyi6eqh](http://ucdpsychology.qualtrics.com/SE/?SID=SV_3snjyj6dCyi6eqh)

**Contact information:** [katie.grogan@ucdconnect.ie](mailto:katie.grogan@ucdconnect.ie)

Thank you for taking the time to read this information leaflet.